



BEECH HILL NEWS



Friday 26th March 2021

Dear Parents/Carers

School has now been open for a few weeks and I must say I have been really impressed with the behaviour of our pupils around school. Behaviour has been excellent throughout school. The Senior Leadership Team have been visiting mathematics lessons this week and looking at books. It has been an absolute delight seeing the children engaged in their learning and their books show that the pupils are taking great pride in their work and making sure they produce their best work.

Pupils on benefits related free school meals will be receiving activity packs for Easter. These are due to arrive in school this week and will be distributed next week. These packs will include recipe cards and then rather than food parcels, a direct payment will be made to eligible families to support with the cost of food, in a similar way to the additional COVID payment made at February half term.

The majority of staff in school were fortunate enough to receive the vaccine on Friday. We hope this will help us to ensure that we can all move back to some form of normality as restrictions start to ease. However, we know we must still all remain vigilant and take care to follow the guidance relating to social distancing and wearing face coverings. If your child shows any of COVID symptoms, please arrange for them to take a test as soon as possible and please keep school informed of what the test results are so we can reduce further transmission if they are positive.

Please take care of yourselves and thank you for your continued support through these difficult times.

Mrs Hussain

Caught Being Good

These children have received a bronze certificate this week for earning 50 'Caught Being Good' stickers.

Ismael Ayaan- Australia
Zahra Asim- Australia

Kaya Goddard- Jordan
Mohammed Rayyan Bilal- Jordan

Well done! Keep up the hard work.



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Healthy School

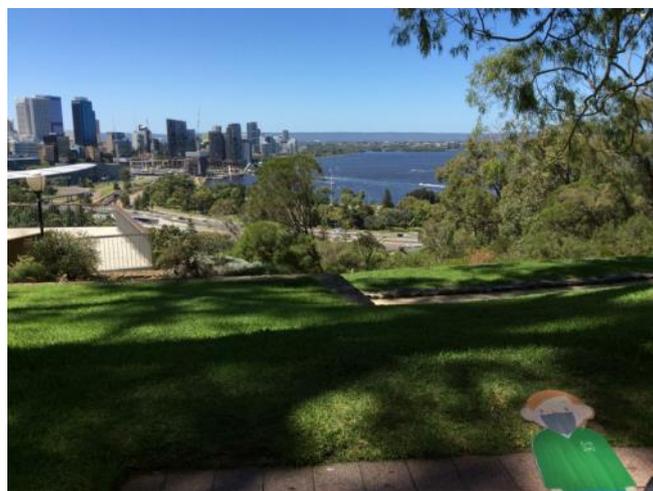


Beech Hill Flat Stanley - Perth Australia

Hello everybody - I went on a mystery plane ride and ended up in Australia in summer! I had to spend 2 weeks in hotel quarantine but I'm now free to travel. I am in Perth, the capital city of Western Australia! It is one of the most isolated cities in the world! Just over 2 million people live here. It was founded in 1829 as the Swan River Colony. I have taken myself to Kings Park which looks down on the city and river. What a beautiful view!

Speak soon!

Flat Stanley



Important Notice for Parents

Can all parents dropping off and picking up please ensure that their children are not playing on the climbing frames and slides near the reception unit.

Children are climbing up the slides and also climbing on the fences. This can potentially be very dangerous and lead to injury.

Thank you for your co-operation with this matter.



Seatbelt Safety

Do you use your seat belt on every car journey?
Buckling up on every ride is the single most important thing a family can do to stay safe in the car.

When adults wear seat belts, kids wear seat belts. So be a good example and buckle up for every ride. Be sure everyone in the vehicle buckles up too.



Open Minds

For Children and Young People in Calderdale



Parents and carers have asked for advice, support and signposting to emotional health and wellbeing resources for their children. In response to this, Calderdale Open Minds Partnership have produced a number of clear and accessible leaflets around some key issues to help parents support their children with getting back to their school routine and alleviate any feelings of frustration, worry and uncertainty.

These leaflets were created in partnership with mental health professionals, local parents/carers and commissioners, and can be found in the parents/carers section on Open Minds Calderdale website: <http://www.openmindscalderdale.org.uk/emotional-health-support-parents/>

Is your child finding the back to school routine difficult?

Are they...?

- Displaying different behaviours and emotions
- Bad-tempered and irritable
- Struggling with their sleep
- Sluggish and unmotivated
- Tearful
- Moody
- Skipping meals
- Worried or nervous
- Exhausted, fatigued, or just tired



Is your child feeling stressed, worried or uncertain...?

Are they...?

- Restless
- Having chest pains
- Getting headaches
- Losing their appetite
- Not sleeping well
- Avoiding situations
- Needing lots of reassurance
- Having panic attacks



Is your child feeling frustrated, cross or angry?

Do they...?

- Tell you their heart sometimes beats faster
- Get an uncomfortable feeling in their stomach
- Tense their muscles and find it hard to relax
- Have moments of feeling hot or sweaty
- Clench their fists or teeth
- Hit themselves or others
- Get tightness in their chest
- Tremble/shake



Dinner Menu w/c Monday 22nd March

| 3 BH | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|--|---|--|---|--|
| Hot Meal Option | Crispy Shredded Chicken 5 | Lamb Curry Naan Bread 3, 5 | Fishcakes 2, 5 Parsley Sauce 10 | Chicken Dinner and Gravy | Pizza 5, 10 |
| | Tomato Pasta 5, 10 | Vegetarian Burger 5 | Cheese Tortellini 4, 5, 10, 12 | Samosas and Savoury Rice 5 | Cheese and Veg Bake 5, 10 |
| Vegetables | Spaghetti 5 Chips | Broccoli Carrots Herby's 5 | Peas Sweetcorn Wedges | Cauliflower Mixed Veg Roast Potatoes 5 | Beans Herby's 5 |
| Served Every day | Jacket Potatoes | | | | |
| Dessert | Iced Cake Custard 5, 10, 12 | Blueberry Muffins 5, 10, 12 | Chocolate Sponge Custard 5, 10, 12 | Rice Pudding 10 | Assorted Puddings 4, 5, 10, 12 |
| | Cheese and Crackers 5, 10 | Cornflake Bun 5, 10 | Jelly | Chocolate Mousse 10 | Ice Cream 10 |

If you require an allergy list please email the school office.