



# BEECH HILL NEWS



Friday 7th May 2021

## Eid Ul Fitr Celebrations

As many of you may be aware, the end of Ramadan and Eid al-Fitr falls next week on Thursday or Friday. This is a time of great importance to our Muslim families, and I am sure many of them are looking forward to celebrating this festival with loved ones.

**School will remain open on these days, and we expect children who are not celebrating Eid to attend as normal.**

We will be organising Eid celebrations in school.



## Caught Being Good



These children have received a bronze certificate this week for earning 50 'Caught Being Good' stickers.

Yasin Ahmed—Tanzania

Well done! Keep up the hard work.



Our services are still running online and by telephone. Find out what's available by visiting our website [www.healthymindscalderdale.co.uk](http://www.healthymindscalderdale.co.uk).

We are Calderdale's local mental health charity, led by people who have personal experience of emotional distress.

We believe that mental health is one aspect of a person's life, not what defines them.

With kindness and respect, together we create and provide opportunities for people to understand and build on their strengths to better achieve what they want from their lives.

Healthy Minds is encouraging everyone to take up the COVID Vaccinations when they come available (see website for full statement).



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# House Rules

A guide for Parents



Calderdale  
Council

Involve children in setting the house rules and then they will be more likely to keep them.

## Top Tips Example Plan.

Our family rules:

1. Speak politely.
2. Put one toy away before getting out another.
3. Ask before you borrow someone else's things.
4. Do jobs without being asked twice.
5. Come straight home from school or ring if you are going to be late.

## Some useful hints

- Agree no more than 5 rules.
- The rules should be fair.
- Easy to follow.
- Rules should be achievable.
- Be positive.

OVERGATE HOSPICE

MIDNIGHT WALK

OUR MIDNIGHT WALK IS BACK - JOIN US FOR OUR BIGGEST & BEST EVENT OF THE YEAR!

STARTING FROM NORTH BRIDGE LEISURE CENTRE HALIFAX

A 7 OR 13 MILE SPONSORED WALK FOR OVERGATE HOSPICE

SATURDAY 18TH SEPTEMBER 2021

EVENT SPONSORED BY ROSEMOUNT ESTATES

Andy & Kate Thomson  
Spika Bagshaw  
Fred Standbrook

Telephone: 01422 387121  
Email: fundraising@overgatehospice.nhs.uk  
WWW.OVERGATEHOSPICE.ORG.UK  
Registered Charity Number 511619

## Overgate Hospice

### Midnight Walk

After the disappointment of having to cancel our Midnight Walk in 2020, we are delighted to announce that our biggest event of the year will be back in 2021!

This will be our 13th Midnight Walk and since the first year, the event has seen thousands of walkers take on the night time challenge for Overgate, raising in excess of £600,000.

Choose from either our 7 mile route or our 13 mile route and join us as we take to the streets of Calderdale in memory of our loved ones.

For more information about our Midnight Walk please contact the Fundraising Team on 01422 387121 or email

fundraising@overgatehospice.nhs.uk.



**Jigsaw!**



# COMPETITION!

## Upper School Winners

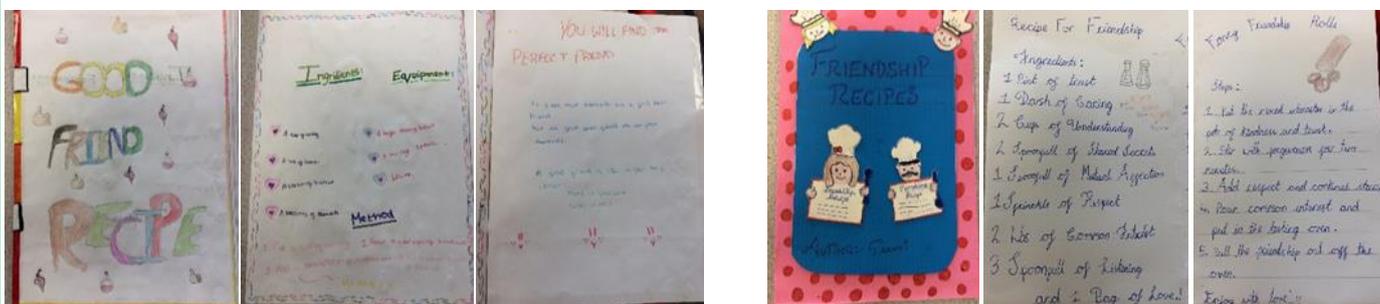
- 1<sup>st</sup> Akshitha Togalla - Australia
- 2<sup>nd</sup> Zara Khan - South Africa
- 3<sup>rd</sup> Iqra Sultan - South Africa



## Lower School Winners

- 1<sup>st</sup> Taanvi Chandra - Mexico
- 2<sup>nd</sup> Alisha Ahmed - Morocco
- 3<sup>rd</sup> Inaya Kayani - Jordan

Both winners decided to present their recipe within a recipe book including ingredients and a method. Check out their work below!



It seems that at Beech Hill we know a lot about what makes a good friend and how to be one because I have been overwhelmed with the amount of entries! I want to say a huge well done to all entrants and a big congratulations to the winners and runners up! Keep your eyes peeled for the next competition!

Miss Cutler

## Dinner Menu w/c Monday 10th May

1 BH	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option	Jumbo Fish Fingers 2, 5	Chicken Biryani 3	Cheese and Onion Pasty 3, 4, 5, 10	Spicy Sausages 5, 8	Pizza 5, 10
	Quorn Hot Dogs 5, 10, 12	Quorn Cottage Pie 10, 12	Vegetarian Meatballs 4, 5	Quorn Curry Naan Bread 4, 5, 8, 10, 12	Ravioli and Cheese 5, 10
Vegetables	Spaghetti 5, 8 Chips	Broccoli Cauliflower Herby's 5	Beans Peas Wedges	Carrots Sweetcorn Roast Potatoes 5	Beans Herby's 5
Served Every day	Jacket Potatoes				
Dessert	Apple Sponge Custard 5, 10, 12	Carrot Cake 4, 5, 10, 12	Jam Shortcake Custard 5, 10, 12	Chocolate Sponge Custard 5, 10, 12	Muffins 5, 10, 12
	Cheese and Crackers 5, 10	Cornflake Bun 5, 10	Chocolate Mousse 10	Jelly	Ice Cream 10

If you require an allergy list please email [admin@beechhillschool.co.uk](mailto:admin@beechhillschool.co.uk)