



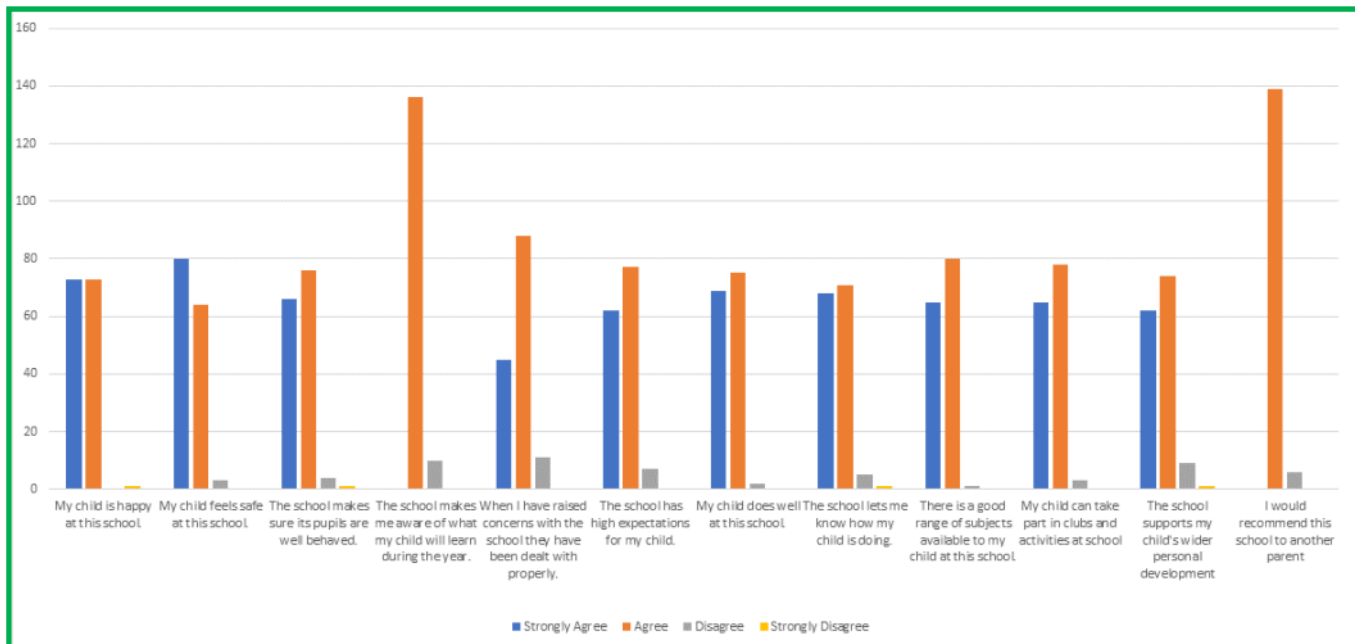
BEECH HILL NEWS

Friday 25th November 2022



Parent Survey - Results

Thank you to all the parents who took part in the Parent Survey. Below is a graph showing your responses.



In an effort to further improve our provision, we asked parents to let us know what activities they would like to take part in.

Many of you want more Arts & Crafts activities in school. We continue to work with family learning and have already planned some more Arts & Crafts workshops.

The Early Years Team have already started planning some stay and play/story telling sessions for Nursery & Reception children and in a few weeks time we will be inviting Reception and Year 1 parents to have lunch with their child. This again is a very popular request.

A number of parents want to be part of sports activities and we are looking to organise more of these in the spring term as the weather improves.

If there is anything in particular that you feel we can do to improve the provision at Beech Hill, please feel free to contact the office and arrange an appointment with myself. We welcome feedback to help us improve.

Thank you again for taking the time to complete the survey.

Mrs Hussain

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INVESTORS IN PUPILS Healthy School

1st December - Y4 Times
Tables Tea Party

2nd December - RE Morning

5th December - Y5 & Y6
Literacy Workshop

Y3 Roman Drama Workshop

6th/7th/8th December - Y4
Bikeability

6th December - EYFS Winter
Performance

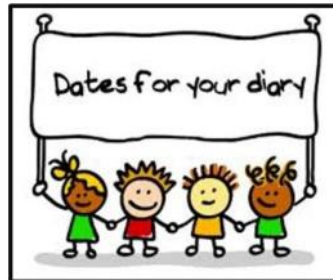
7th & 8th December - Y5
Early Islamic Workshop at
Cartwright Hall

7th December - Calderdale
Kurling Competition

8th December - Calderdale
Bowling Competition

8th December - Y1 Phonics
Picnic

Dates for your Diary



w/c 12th December - festive
class parties

12th December - Santa Visit
to EYFS and KS1

13th December - Singing
Around the Christmas Tree
Assembly

13th December - Reception to
the Pantomime

14th December - Family
Learning Festive Jumper
Making

14th December - Christmas
Dinner Day

15th December - Staff
Pantomime

16th December - Reindeer Run
for Overgate Hospice

**School Closes for the
Christmas Holidays - 1:10pm**



On Friday 16th December we will be having our annual 'Reindeer Run' to raise money for Overgate Hospice.

Your child will have received a sponsorship form from school this week and we are asking if you could ask your friends and family to raise some money to help support our local hospice. Overgate Hospice provides expert care and support for patients and their families living with life-limiting illnesses.

If you could bring in any sponsorship forms and money in by Friday 16th December that would be amazing.

We thank you for your continued support.

Right of the Week



This week we are looking at article 28 which ensures all children have the right to an education and are encouraged to go to school to the highest level possible.

At Beech Hill, we encourage children to reach their potential whether this is going to grammar school or taking part in a range of activities to give them the best possible experiences at school. Teachers ensure lessons are differentiated to meet all needs in their classes. Children are challenged suitably to develop their understanding and knowledge across the curriculum.

Furthermore, there are a wide range of clubs available for children to take part in to develop their skills further.



TT Rockstars Weekly Winners

Year 2 - Alonz Shilu (Canada)

Year 3 - Aahil Nasir (Jordan)

Year 4 - Muhammad Ur-Rehman (France)

Year 5 - Mursad Mohammad (Denmark)

Year 6 - Aayan Sheraz (Tanzania)

Overall Winner - Aahil Nasir (Jordan)



House Points

These children have all been awarded a **bronze** certificate for receiving **50** House Points.

Abdul Aziz
Ayat Omar
Haidar Ali-Samir
Keyan Al-Hameed

Haniya Ali
Arooj Azmat
Habiba Badar
Safa Hussain

Well done. Keep up the good work!



Cool Earth Bronze Award

These children have all been awarded a **Cool Earth** bronze award for walking to school 50 times!

Haniya
Hasnain
Taanvi
Siyana
Matias
Alex
Halima
Safa
Isha
Sara
Vanshika

Year 4 trip to Leeds City Museum

On Wednesday, year 4 visited Leeds City Museum.

Our topic this half term is Ancient Egypt. We visited a special exhibit called 'Ancient Worlds', where we could look at primary sources from Ancient Egypt. There was also a real mummy called Nesyamun! After, we took part in a work shop all about mummification.

The children had a fantastic day and were excellent role models for Beech Hill.



Sensory Circuit

We have introduced a sensory circuit in Breakfast Club and that other children access first thing in a morning.

The circuit involves children taking part in a sequence of physical activities that are designed to alert, organise and calm children. It helps children to regulate and organise their senses in order to achieve the 'just right' or optimum level of alertness needed for effective learning in school. Sensory circuits are a great way to both energise and settle children so they can focus and engage better in the classroom. The circuits are active, physical and fun that children enjoy doing.

Feedback from the children

"I enjoy doing the activities because they wake me up, they are fun to do and get me ready for the day." - Anjumah, Year 6

"It keeps me calm and occupied first thing in a morning then I am ready to learn." - Alex, Year 5

"I am getting better at skipping and balancing. It is fun!" - Callum, Year 1

"It is exercising. It is fun in a morning." - Lilly, Reception



Healthier Lunchbox Recipes

School meals are a great choice, but if you do make a packed lunch for your child then we've got you covered with some inspiring quick, easy, healthier lunchbox ideas and tips. These will be posted weekly on a rotation and are designed to meet our school's healthy packed lunch guidelines and nut-free policy.

Ingredients

- half a 160g can of tuna in spring water, drained
- 1 level tablespoon reduced-calorie mayonnaise
- 1 heaped tablespoon sweetcorn (tinned, or cooked from frozen)
- large pinch of black pepper
- 2 thick slices of half-and-half bread

Complete your lunchbox with:

- 1 small carrot and a 3cm chunk of cucumber, cut into sticks
- 60g mixed berries

Method

1. Mix the tuna with the mayonnaise, sweetcorn and pepper.

Mix the filling the night before and store in the fridge to save time in the morning.
2. Sandwich the mixture between the slices of bread.

Double the recipe to use the rest of the can of tuna if you have 2 lunchboxes to prepare.



Park Ward Neighbourhood Forum



The Future of Your Neighbourhood Annual General Meeting Live or work in Park ward?

Join us to hear the latest news of our Neighbourhood Plan for Park ward, and the referendum vote that could make it official on Feb 9th next year...

When: Tuesday 29 November at 7.00pm
Where: Hanson Lane Enterprise Centre, Halifax HX1 5PG
Come along and find out about projects we are working on in Park Ward, get involved and contribute to making your neighbourhood a better place to live!



Starting School September 2023

How to apply for a school place

Children born between 1 September 2018 and 31 August 2019 are due to start primary school in September 2023.

To apply for a school place you must apply online by 15 January 2023 at www.calderdale.gov.uk/admissions.

For advice and guidance regarding the application process please contact 01422 392617, option 1, and a Customer First Advisor will be able to assist you.

If you would like a leaflet about applying for a primary school place please contact your preferred school and register your child's name. The leaflet will then be distributed by the primary school at the end of November 2022.

Information relating to Admission to Primary School 2023, including oversubscription criteria, is available at www.calderdale.gov.uk/admissions.

**The application process opens on 18 November 2022
and the close date is 15 January 2023**

Offers of school places will be made on 17 April 2023.



"Respect is for those who deserve it, not for those who demand it."

Dinner Menu w/c Monday 28th November

School Meals Menu - Week 3					
3	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option	Fish Fingers 2, 5	Roast Chicken Dinner with Yorkshire Puddings (5, 10, 12) Gravy	Homemade Spicy Kebabs 12	Homemade Chicken Tikka Paninis (5, 12) Chicken Goujons (1, 3, 5, 8, 10)	Assorted Pizzas 5, 8, 10
	Cheesy Omelettes 10, 12	Quorn Bangers (5) Homemade Mash (10)	Vege Nuggets 5	Homemade Vegetarian Meatball Curry 8	Homemade Vegetable Pasta 5, 10
Vegetables	Potato Cubes 5 Beans Sweetcorn	Roasties Broccoli Mixed Veg	Criss-Cuts (5) Peas Carrots	Chips Spaghetti (5, 8) Sweetcorn	Ziggy Fries Beans
Served Daily	Jacket Potatoes with various fillings (Chicken Tikka, Bolognese, Chilli, Tuna, Cheese, Beans) Salad Bar Selection of Sandwiches/Subs/Wraps Allergies for the daily items available on request				
Dessert	Strawberry Swirls 10	Ginger Sponge (5, 10, 12) Custard (8, 10)	Cupcakes 5, 10, 12	Chocolate Sponge 5, 10, 12 Chocolate Custard 5, 10	Assorted Fresh Baking 5, 10, 12
	Parkin 5, 12	Crispy Buns 10	Assorted Biscuits 5, 10, 12	Jelly	Vanilla Ice Cream 10

If you require an allergy list please email kitchen@beechhillschool.co.uk

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-18 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18

CENSORED

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive: figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend an average of 102 minutes per day on the app, versus 53 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns – leading to irritability – and distract them from other activities.

TIKTOK NOW

Introduced in late 2022, the "TikTok Now" feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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