



BEECH HILL NEWS

Friday 30th September 2022



Mount Pleasant Avenue

Please note that Mount Pleasant Avenue is now a Pedestrian and Cycle Zone only.

Monday - Friday

8:20-9:05am
12:45-3:25pm

Please help keep our school community safe by respecting these signs and finding an alternative place to park.

Or you could bring your children to school using a different method.



"Being entirely honest with oneself is a good exercise."

~Sigmund Freud

Harvest Festival

Once again, we will be collecting food, and non-food, items to support those who may not have enough to eat within our local community. We will be donating our collection to the Community Fridge at the Madni Mosque and the Ebenezer Food Bank so that they can provide food parcels to needy families in our local area. The final date you can bring a donation is **Friday 14th October**.

Please see below a list of suggested food and non-food items that can be donated. If you are sending in food, please ensure that it is in date and no fresh foods.

- Tinned: fruits, potatoes, meat, beans, vegetables, soups, spaghetti
- Packet soups, pot noodles, dry noodles, sauces, rices
- Rice, pasta, lentils
- Pasta sauces
- Biscuits and crackers
- Cereals, porridge oats
- Salt
- Tea bags, coffee, hot chocolate
- Crisps
- Jam, jellies, honey, preserves
- Toothbrushes, toothpaste
- Toilet rolls and tissues
- Soap, hand gel, hand wash



Your support is greatly appreciated!

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TT Rockstars Weekly Winners

Year 2 - Nitika Kodali (Canada)

Year 3 - Aahil Nasir (Jordan)

Year 4 - Sai Podapati (France)

Year 5 - Jana Dababsa (Denmark)

Year 6 - Chakrika Valluru (Egypt)

Overall Winner - Sai Podapati (France)

Uganda Thank You

Before summer we shared an article in the newsletter about Miss Fudge, Deputy Head teacher at Dean Field School, embarking on a teaching mission to Uganda over the summer holidays. Miss Fudge has completed her trip and has given us all some more information about what happened on her fellowship in Uganda. A huge thank you to all those who donated and supported her.

A Message From Miss Fudge:

Each teacher on the project was allocated a school each - mine being Kyamunjuri Nursery & Primary School - and we were given a variety of teachers to coach and mentor. I coached Joan (25yrs old, baby on her back as she taught), Syilvia (23yrs old, very appreciative individual), Clidmas (hilarious and had completed the programme before and you could tell!) and Francis (55yr old deputy head and founder of the school, also a reception teacher - my twin!). We spent weeks delivering workshops at the university and observing our teachers implement their training. This method and programme helps to build sustainability in the community and education system, empowering Ugandan teachers to take the lead.

On graduation day, the ceremony was overwhelming and I was bursting with pride...and yes, I cried a lot!

I used some of the donation funds to purchase many stationary items as they do not have them. Pencil sharpeners were razor blades and bread or sponges were chalkboard rubbers. I also used the donation money to plaster classrooms as they are currently mud and bare bricks walls. If you donated then you really have made a HUGE difference to the pupils, staff and environment at this local school - they gratefully passed on their many thanks!

Lots of friends and memories were made and the well-earned weekends enjoyed. I have grown personally as well as professionally and even though I've backpacked before, never have I experienced poverty like this. We really are so lucky in our country!

Inspiring Teachers is a charity organisation which seeks to improve education through empowerment and training in a variety of poorer countries. If you know of someone who is interested in getting involved please forward the website to them.

<https://inspiringteachers.org/>

I am now home safe and have never slept so much in my life! Once again, a MASSIVE thank you to everyone who made this possible.



Macmillan Coffee Morning

If you were unable to attend [The World's Biggest Coffee Morning](#) today in aid of [Macmillan Cancer Support](#) do not worry.

There is still time to donate by following the link below:

[Donate Here](#)

Phonics Meeting

We are really pleased with the attendance for the reception, year 1 and 2 phonics meetings.

Over 90 parents attended showing a real commitment to their child's reading journey and we are grateful for your continued support.

If you missed it, please see the resources available on Seesaw and speak with your child's class teacher if you have any questions.



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

10 tips for parents and carers

HOW TO BE GREEN WITH YOUR TECH

Right now, humans aren't living sustainably; we're taking too many resources and not leaving the world in a fit state for future generations. Old tech products are a clear example: if we throw them away, the poisonous lead and mercury inside can get into the food chain through the soil. Recycling tech, though, has its own issues: it's often exported to countries where the law doesn't protect people from hazards. Whole villages (including children) sort through discarded devices to remove useful parts and substances like gold, silver and copper – often putting their health at risk. Finding ways to re-use tech is the greenest option.

So what can we do with those cupboards and drawers full of old phones and unwanted computers?
Reuse, recycle, donate or sell them!

- 1 DONATE THEM TO CHARITY**
There are lots of charities that redistribute unwanted tech to worthy causes, either in the UK or in developing nations. If your old products are still working, this is a great option – as it means that new products don't have to be made. Search online for your nearest place that does this.
- 2 REMEMBER THE BATTERIES**
Almost all batteries can be recycled – even the little button ones from smaller gadgets. You could choose a box at home or school to keep used batteries in, and then take them to a designated place that collects them. Be very careful, though – button cells can be deadly if eaten by small children or pets.
- 3 USE YOUR ONLINE SAFETY KNOWLEDGE**
If you're recycling, selling or repurposing any of your devices, make sure that all your personal data, private photos and so on have been deleted before the tech leaves your hands or is connected online.
- 4 REUSE THEM**
Old smartphones can be used as webcams, security cameras, baby monitors or pet cams: there are apps that will configure them to do this. You can also turn an outdated phone into a TV remote control, an alarm clock that wakes you up with your favourite track, or a media centre you can take to places where you wouldn't risk your new phone.
- 5 TURN IT INTO SOMETHING NEW**
Smartphones are more powerful than most older computers. If you have an unwanted android phone, it's quite easy to create a new computer – you could use an old TV as a monitor, meaning you just need a mouse and keyboard. There are also small devices you can buy which let you do the same with iPhones.
- 6 RETURN THEM**
Return devices to the manufacturer or retailer you bought them from. Some manufacturers take responsibility for their products and accept them back, to refurbish and redistribute. If they don't, you could contact them and ask why: the more consumer pressure there is on shops and manufacturers, the more likely they are to act in a greener way.
- 7 SUPPORT SCIENCE**
Let your old devices help modern research. Scientists currently investigating topics like far-off star systems, cancer treatment and earth's climate need enormous computing power. If your unwanted device is Wi-Fi enabled, for example, you can connect it to a network so that it can boost scientists' research.
- 8 SELL THEM**
This is also a green option as it means that fewer devices have to be produced. On top of that, you could also donate some of the money you make to an environmental charity.
- 9 RESEARCH DISPOSAL METHODS**
If your device is beyond repair and no one wants it, get rid of it safely through a specialist tech disposal company. Check that your device won't be shipped off to another country for processing.
- 10 KEEP THINKING**
There's no such thing as 'too many' ways to help our planet! If you come up with a better idea than ours, contact National Online Safety and tell us.

Meet Our Expert
Neil Atkin teaches scientific literacy through his non-profit organisation, Rubbish Science, which engages people in working together to live more sustainably and creatively uses waste to help address real-life problems. There are a range of environmental activities you may like to try on their website: www.rubbishscience.com.

NOS National Online Safety
#WakeUpWednesday

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Blue and Green Non-Uniform Day

On Friday 16th September, we had a blue and green non-uniform day to raise money for Forus Tree, a local not-for-profit organisation that work hard to combat climate change.

All the children looked fantastic in their blue and green clothing and we raised a whopping **£133.76**.

Thank you for your continued support!

Grandparents Day

Reception would like to say a huge thank you to all of the Grandparents and parents that came for Grandparents day last week.

The children were very interested to learn about their Grandparents lives and what school was like for them. We even had a special visit from Miss Costello's Grandma and Miss Lunn's parents!

It was a lovely morning.



Dinner Menu w/c Monday 3rd October

2		Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option	Southern Fried Chicken Strips (1, 5) Fresh Coleslaw (5)	Homemade Spagetti Bolognese 5, 10	Battered Fish 2, 5	Homemade Chicken Curry (3, 8) Naan Bread (5)	Assorted Pizzas (Cheese and Tomato, Vegetable, Spicy Beef) 5, 8, 10	
	Quorn Dippers 5	Mac 'n' Cheese Croquettes 5, 10	Homemade Cheese and Onion Pie 5, 10, 12	Samosas (5) Homemade Onion Bhajis (10, 12) Savoury Rice	Homemade Cheese and Broccoli Pasta 5, 10, 12	
Vegetables	Skin-on Fries Beans Sweetcorn	Roast Potatoes Mixed Veg Peas	Chips Mushy Peas Sweetcorn	Wedges (8) Broccoli Peas	Ziggy Fries Beans	
Served Daily	Jacket Potatoes with various fillings (Homemade Chicken Tikka, Bolognese and Chilli. Tuna, Cheese, Beans) Salad Bar Selection of Sandwiches/Subs/Wraps Allergies for the daily items available on request					
Dessert	Chocolate Doughnuts 4, 5, 10, 12, 14	Chocolate Sponge 5, 10, 12 Custard 5, 10	Cupcakes 5, 10, 12	Bakewell Tart (5, 10, 12) Custard (8, 10)	Assorted Fresh Baking 5, 10, 12	
	Cornflake Buns 2, 5	Strawberry Swirls 10	Assorted Biscuits 5, 10, 12	Jelly	Chocolate Ice Cream 10	

If you require an allergy list please email kitchen@beechhillschool.co.uk