



BEECH HILL NEWS

Friday 10th March 2023



Change of Dates

Y4 Stone Age workshop has moved to Tuesday 28th March.

Y6 Parents' meetings for SATs have moved to Thursday 23rd March (more information about the meetings will be posted on Seesaw nearer the time).

All after school clubs are cancelled on Tuesday 14th March due to parents' evening.



It is extremely important that snacks are not sent into school with the younger year groups, especially nursery. Healthy snacks are provided to the children while they are in school so they do not need to bring anything with them.

We have children in school with nut allergies so it is really important that we know what food is in the environment.

If your child is in year 3 or above and you want to send a snack with them, please ensure it is healthy and does not contain nuts.

Thank you

Attendance Update (27/02/2023 to 03/03/2023)

Congratulations to USA4 on achieving **100%** last week.

Overall, attendance across school was much improved - well done everyone!

Please may I remind you our school day starts at 8.40am . It is important children attend school regularly and are punctual every day. Arriving at school late affects pupils learning. If your child is late, please ensure they go to the main office where they will be asked to sign in. If they are a few minutes late, they will receive a late mark. If they are very late, this will be marked as an absence for the morning session.

Punctuality is important because it will help your child:

- Get the day off to a good start
- Establish patterns for the future
- Help your child's development
- Help your child make and keep friends

If you would like to discuss your child's attendance, please contact me on 01422 345004

Thank you for your continued support

Mrs Farhat Hussain

USA3	94.4
USA4	100.0
USA5	93.2
Wales	90.4
Scotland	98.2
Northern Ireland	95.7
Switzerland	89.6
Canada	93.1
Morocco	97.7
Jordan	99.2
Mexico	94.8
South Africa	99.2
Australia	97.6
France	91.7
China	98.2
Denmark	99.4
Tanzania	94.1
Egypt	93.3
Totals	95.6

	Poor attendance, I am very concerned.
	Below expectations, I am worried.
	Best chance of success, well done.

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TT Rockstars - Most Accurate



Year 2 - Fajr-Noor Wajid (Morocco)

Year 3 - Elaaf Mehmood (Jordan)

Year 4 - Phoebe Greenwood (South Africa)

Year 5 - Zerad Ur-Rehman (Denmark)

Year 6 - Ali Dad (Egypt)

Most Accurate Class
Mexico 96.23%. Well done!

House Points

These children have all been awarded a **bronze** certificate for receiving **50** House Points.

Areeba Nasir
Habiba Ali
Dawoud Ahmed
Sarah Dababsa

Valentina Kalasova
Fatima Sumaiya
Zoya Tariq

Well done. Keep up the hard work!

These children have all been awarded a **silver** certificate for receiving **100** House Points.

Mursad Mohammad
Halima Hussain
Jana Dababsa
Safa Hussain
Musa Iqbal
Abdul Malik

Well done. Keep up the hard work!

School Photographs - Reminder

The photographers will be coming into school on **Friday 17th March**.

Individual and sibling photos will be taken throughout the school day.

Any family members that would like to be included in their child's school photo (i.e. mum, dad, grandma, grandad or siblings) can come to the school office with their child at 8am, where a member of staff will greet them.

If your child attends two or three year old nursery in an afternoon and you would like them to have a school photo, please bring them to the school office at 9am. You would need to bring your child back in the afternoon for their normal nursery session.

If you have any questions, please contact the school office.



Quote of
the week

"Be thankful for what you have and you'll end up having more. If you concentrate on what you don't have, you will never ever have enough."

Quote of
the week

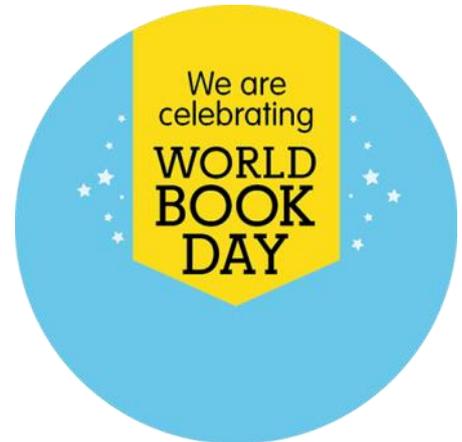
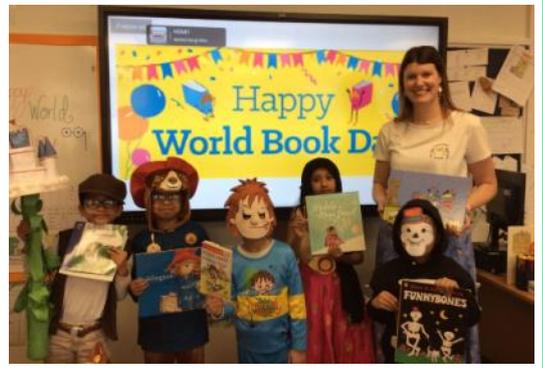
World Book Day!

Last week we thoroughly enjoyed celebrating World Book Day with the children and parents of Beech Hill.

We hosted parent 'Stay and Read' sessions for years 1 to 6 each morning where children enjoyed sharing books with their parents and listening to their teachers read a story. There was such a lovely atmosphere in the hall whilst these sessions took place.

On Thursday the whole school came dressed up as different book characters, created biographies of their favourite author and were inspired in art by their favourite illustrators too! Lower School enjoyed a visit from the author Sophie Edgar who did an interactive story telling of her book 'The Magical Kite Ride'.

Thank you parents and teachers for such a lovely and memorable week.



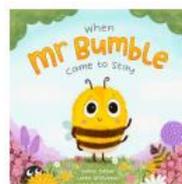
Sophie Edgar

It is not too late to order signed copies of the books from our World Book Day visiting author, Sophie Edgar.

Please complete the order form and enclose the correct amount of money and return to your child's class teacher.



The Magical Kite Ride
(hardback)
£12



When Mr Bumble Came to Stay
(paperback)
£8

Year 3 Parent Lunches

Year 3 children and parents had a lovely time last week at the parents' lunch sessions.

Thank you to all parents and children that took part. We are pleased by the positive comments made by all parents and children.



What are some of the negative effects of social media on children?

Overuse of digital media may place your children at risk of:

- Not enough sleep. Media use can interfere with sleep
- Obesity
- Delays in learning & social skills.
- Negative effect on school performance
- Behaviour problems
- Problematic internet use
- Risky behaviours
- Inappropriate messages, loss of privacy & predators



Social media affects young people's mental health negatively by limiting direct contact with peers and encouraging constant comparison online, which can lead to low self-esteem, anxiety, and depression.

Dinner Menu w/c Monday 13th March

1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option	Fish Fingers 2, 5	Sausages 5 Gravy	Homemade Chicken Curry 3, 8 Naan Bread 5	Homemade Paninis Chicken Tikka 5, 12 Tuna Melt 2, 5, 10, 12	Pizza 5, 8, 10
	Quorn Dippers 5	Homemade Macaroni Cheese 5, 10 Garlic Bread 4, 5, 10	Samosas 5 Homemade Onion Bhajis 10, 12 Savoury Rice	Homemade Cheese and Onion Quiche 5, 10, 12	Vegetable Ravioli 3, 4, 5
Vegetables	Criss-Cuts 5 Beans Veg Sticks	Ziggy Fries Broccoli Sweetcorn	Wedges 8 Broccoli Cauliflower	Potato Puffs Peas Carrots	Potato Cubes 5 Beans Peas
Served Daily	Jacket Potatoes with various fillings (Homemade Chicken Tikka, Bolognese and Chilli. Tuna, Cheese, Beans) Salad Bar Selection of Sandwiches/Subs/Wraps Allergies for the daily items available on request				
Dessert	Chocolate Doughnuts 4, 5, 10, 12, 14	Choc-Chip Sponge 5, 10, 12 Custard 5, 10	Cheesecake 4, 5, 8, 10	Bakewell Sponge 5, 10, 12 Custard 5, 10	Assorted Fresh Baking 5, 10, 12
	Strawberry Swirls 10	Assorted Biscuits 5, 10, 12	Jelly	Angel Delight 8, 10	Vanilla Ice Cream 10

If you require an allergy list please email kitchen@beechhillschool.co.uk

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about iPADS

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features – including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

WHAT ARE THE RISKS?

PHYSICAL DAMAGE

While some tablets (such as the Amazon Fire Kids editions) come with rugged shock-proof cases, iPads aren't built for rough and tumble. They're also more expensive than most other tablets, and any damage your child's iPad suffers could be costly to repair. Buying a child-friendly case and screen protector for the device could be a wise move, especially if it's being used by younger ones.

SCREEN ADDICTION

Like most digital devices, tablets have the potential to become quite addictive. You might find your child spending too long staring at their iPad, which could lead to irritability, mood swings and a loss of interest in more important tasks. If this happens, be sure to visit the built-in screen time settings and ensure you limit how long they're able to spend on the device each day.

INAPPROPRIATE CONTENT

18
CONSIDERED

Even if it would never occur to your child to go searching online for age-inappropriate sites, apps or information, there's always a possibility that something unexpected – perhaps a video that auto-plays or content incorrectly suggested by an algorithm – could appear on their tablet and upset them. You can help prevent this by adjusting the content settings (see our 'top tips' section below).

SIRI SUGGESTIONS

The parental controls built into iOS (the fundamental operating system of Apple devices) enable you to block access to most age-inappropriate content – but your child could potentially still bypass these restrictions (either accidentally or deliberately) by using Siri, Apple's voice-activated digital assistant. To avoid this, toggle the 'Ask Siri' functions to 'off' in the iPad's settings menu.

Advice for Parents & Carers

ENABLE FAMILY SHARING

Before letting little ones loose on an iPad, it's a good idea to set up Family Sharing, as this lets you utilise the parental controls to manage exactly how your child is able to use the device. You can do this fairly easily by going into the iPad's settings; once there, you'll be able to add an existing Apple account (if your child already has one) or set one up from scratch.

APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, letting your child mentally prepare for the end of their gaming or viewing time.

STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPad's 'Ask to Buy' feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or deny) it. This option only becomes available if you've set up Family Sharing.

SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can stop the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the iPad's privacy settings once you've selected them.

TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as giving you the option to lock a missing iPad that you suspect has been stolen.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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#WakeUpWednesday

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