



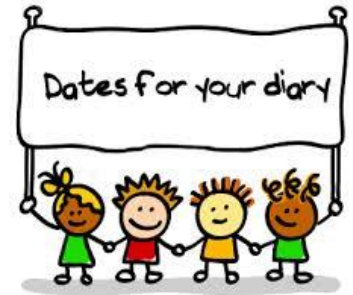
# BEECH HILL NEWS



Friday 12th January

## Dates for your Diary

Tue 16th Jan - Year 1 Phonics Picnic  
 Tue 23rd Jan - Year 2 Family Learning Event  
 Thu 25th Jan - Mountaineer visit for Y4 and Y6  
 Thu 25th Jan - Reception Zoo Lab Visit  
 Tue 30th Jan & Thu 1st Feb - Year 3 Parent Lunch  
 Mon 5th & Wed 7th Feb - Year 3 Trip to Murton Park  
 Wed 7th Feb - Year 4 Times Tables Tea Party  
 Fri 9th Feb - Values Assembly



## Beech Hill Values

This year at Beech Hill, we will be focusing on 8 core values.

These values are something that we feel our pupils need to learn and demonstrate throughout all aspects of life.

Each half term, we will have a focus value and we will be rewarding children for demonstrating excellence in each value. We encourage you to help your children to demonstrate these values at home and in the wider community. Please see below each half term's focus value.

Autumn 1 - **Honesty**  
 Autumn 2 - **Tolerance and Respect**  
 Spring 1 - **Determination and Perseverance**  
 Spring 2 - **Appreciation**  
 Summer 1- **Friendship**  
 Summer 2 - **Kindness**



This half term's value is:  
**Determination and Perseverance**

## Friday 23rd February



Please be aware that on **Friday 23rd February**, there will be no afternoon clubs and school will be closing at 1:10pm - this is due to staff training.

We will continue to remind you up until this date so you have time to make alternative arrangements if your child would normally attend a club on a Friday.

Thank you for your support.

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## Attendance

I hope everyone had a peaceful and enjoyable holiday!

Last term our attendance was 95.3%. You can see what your class achieved in the table. This term, let's aim to achieve 96%.

May I remind you that it is extremely important that your child/children attend school regularly. By doing so they have the best chance of success! With this in mind, please ensure all family holidays/visits are taken during school holidays.

If you are unsure of the holiday dates, please check the school website or alternatively contact the school office. Did you know that 2 weeks of holiday equals 50 hours of lost learning?

If you have any questions or concerns about your child/children's attendance then please contact Mrs Farhat Hussain on 01422 345004.

	Poor attendance, I am very concerned.
	Below expectations, I am worried.
	Best chance of success, well done.

Group	% Attend
USA3	95.6
USA4	94.7
USA5	94.7
Wales	93.1
Northern Ireland	97.1
Switzerland	95.1
Nigeria	97.5
Canada	97.2
Jordan	93.0
Mexico	96.2
Morocco	93.7
South Africa	97.4
Australia	96.3
Denmark	95.0
Singapore	93.2
France	96.3
Tanzania	93.6
Egypt	95.1
Totals	95.3

## Young Voices

On Monday 8<sup>th</sup> January, our wonderful upper school choir attended the Young Voices concert at Sheffield Arena.

Young Voices is an annual event that joins schools from all over the country to form one huge choir. Together, the children perform a range of songs that they have been practising in schools since September. There were over 4000 children in the YV choir alongside us on the day as we joined as one to sing together in front of an audience in the evening.

As well as the choirs showcasing their talents, we also enjoyed guest performances from rapper MC Grammar, soul singer Natalie Williams, drumming sensation Nandi Bushell and a crowd favourite - the street dance group Urban Strides.

We sang, we danced, we laughed, and we raved! It was a very long and tiring day but well worth all the rehearsing with all involved agreeing they had an amazing time and want to do it all again next year!





## House Points

The following children have received their **bronze** award for achieving **50** house points:

Samara T  
Haroon K  
Justin O  
Nameerah S  
Ayaan S  
Sherkhan R  
Michaela Z  
Rahand A  
Summer P  
Eesa H  
Ismaeel S

Simona H  
Noor A  
Maleeha W  
Sahasra M  
Haniya A  
Maleeha H  
Musa N  
Ayat A  
Adam S  
Yusuf R  
Sahil F

The following children have received their **silver** award for achieving **100** house points:

Adam P  
Abdul R  
Fatima H  
Rania A  
Ismail A

Annayah Y  
Haider H  
Aizah U  
Ozaan A  
Hashim A

The following children have received their **gold** award for achieving **200** house points:

Rehan A

## Nursery Trip to Play Palace

Nursery ended last half term at a trip to Play Palace.

The children had an amazing time and it was an excellent opportunity for them to socialise with each other outside of school.

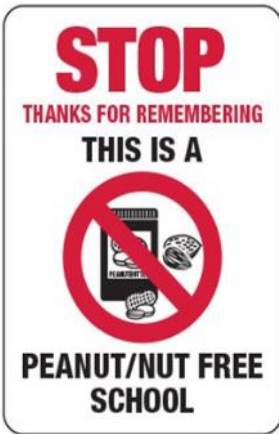
Thank you so much to all the parents and staff who made it such a wonderful morning!



## Halifax Amateurs JFC

Halifax Amateurs JFC are a new football club in Halifax and they are looking for new players to grow their club.





## Nut Free School

Now we are at the beginning of a new term, we feel it is vitally important to remind all of our children and their parents that we are a nut free school.

We have a number of children with severe nut allergies so it is extremely important that we keep the environment safe and nut free.

Before buying items for your child's packed lunch/snack, please check the ingredients carefully to ensure they do not contain nuts.

Some common food items that we see in school are as follows: Nutella/chocolate spread sandwiches, Kinder bars with hazelnut fillings, peanuts, nutty yoghurt drinks. All of these items are strictly forbidden as they could cause another child to have a potentially fatal reaction (please see pictures below of some prohibited items).

Thank you for your continued support!



## Dinner Menu w/c Monday 15th January

2	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option	Chicken Nuggets 5	Chicken Curry 3	Full English Breakfast  Sausage 5 or Quorn Sausage 5	Roast Chicken Dinner Yorkshire Puddings 5, 10, 12 Gravy	Pizza 5, 10
	Fishcakes 2, 5	Naan Bread 5		Homemade Macaroni Cheese 5, 10	Homemade Vegetable Biryani 3
Vegetables	Vege Nuggets 5	Roast Vegetable Paninis 5, 10, 14	Omelette 10, 12 Hash Browns 5, 10, 12	Garlic Bread 5, 10, 14	
Vegetables	Curly Fries 5 Beans Veg Sticks	Ziggy Fries Mixed Veg	Beans Tomatoes	Roast Potatoes Broccoli Cauliflower	Chips Beans
Served Daily	Jacket Potatoes with various fillings Salad Bar Selection of Sandwiches/Subs/Wraps				
Dessert	American Pancakes 5, 10, 12	Treacle Sponge 5, 10, 12 Custard 10	Iced Cake 5, 10, 12	Choc Orange Sponge 5, 10, 12 Custard 10	Assorted Fresh Baking 5, 10, 12
	Chocolate Swirls 10	Crispy Buns 4, 5, 10	Jelly	Assorted Biscuits 5, 10, 12	Chocolate Ice Cream 10

If you require an allergy list please email [kitchen@beechhillschool.co.uk](mailto:kitchen@beechhillschool.co.uk)



# National Online Safety - Weekly Information

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [nationalcollege.com](http://nationalcollege.com) for further guides, hints and tips for adults.

## Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

Buy Milk

### GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

### TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

### GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

### LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

### AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

### HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

### BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

### 'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

### SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

### TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

### SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

### WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

### Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

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