



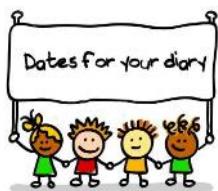
BEECH HILL NEWS

Friday 16th January



Important Dates

Tue 20th & Thu 22nd Jan - Y3 Parent Lunches
 Fri 23rd Jan - PINS Parent Workshop
 Wed 28th Jan - Phonics Picnic
 Tue 3rd & Thu 5th Feb - Y4 Parent Lunches
 Mon 9th Feb - Kurling Competition
 Wed 11th Feb - Y3 Family Learning
 Thu 12th Feb - Open Minds Workshop for Parents
 Fri 13th Feb - School closes for half term



Smart Watches



Please do **not** send your child into school wearing a smart watch.

Smart watches are not only distracting to children, they are also a safeguarding concern. Smart watches can be used to take photos, make calls and access the internet - all of which are prohibited for children in school.

Aside from the reasons above, we also know that smart watches can be expensive and we wouldn't want your child to damage or lose theirs while in school.

Thank you for your cooperation.

Parental Workshop - Stripes the West Yorkshire ADHD charity



As part of our continuing participation in the Partnership for Inclusion of Neurodiversity in Schools project, Family Voice Calderdale are running another session for parent/carers of children who attend Beech Hill School.

When: Friday 23rd January 2026

Time: 9am - 10am

Stripes, the West Yorkshire ADHD charity will be in school to provide a talk for parents followed by a question and answer session. There will also be time for parents to speak with them on a 1:1 basis if they wish. Stripes ADHD are very knowledgeable around ADHD and neurodiversity so this is a great opportunity for parents to engage with.

Please note, children will not be joining parents at this session. There will be light refreshments of juice and biscuits available.

To book a place for £1, please use Parent Pay from Monday 19th January. Together, we can create a more inclusive world that understands and champions neurodiversity in all its forms.



Thank you for your continued support!



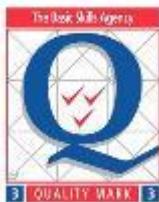
Stripes
The West Yorkshire ADHD Charity

family voice
calderdale
together improving services

Beech Hill School
 Mount Pleasant Avenue
 Halifax
 HX1 5TN
 Tel: 01422 345004
 Website: www.beechhillschool.co.uk
 Email: admin@beechhillschool.co.uk



**INVESTORS
IN PEOPLE**



OPAL Golden Welly Awards



Last week's Golden Welly winners were:

Lower School

Megha for helping her friends to tidy up at lunch.

Upper school

Vanessa for helping the year 1 children in the dining hall cutting their food up for them.

Yusaf for untangling and sorting the skipping ropes so it's easier for other children to play.



Attendance Update

Class	%
Halifax 1	94%
Halifax 2	76%
Halifax 3	92.2%
Northern Ireland	98.4%
Scotland	96.9%
Wales	88.8%
Denmark	94.3%
France	96%
Switzerland	91.4%
Canada	93.5%
Mexico	99.3%
Egypt	91.1%
Nigeria	95.2%
South Africa	94.8%
China	97.3%
Japan	92.3%
Singapore	94.3%
Australia	96.6%
New Zealand	88.7%

Phonics Corner

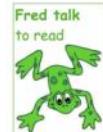
Read Write Inc. Phonics



Can you read the sounds and words at home? Scan the QR codes to watch the interactive videos. Your teacher will tell you the correct sound to focus on, if you are unsure.

Fred Games

Give children extra practice to learn to blend orally.



Word Time

mad	at
dad	sad



Set 1

Reading



C

Set 2

Reading



ou

Set 3

Reading



er

House Points

The following children have received their **bronze** award for achieving **50** house points:

Rania A
Musa D
Fatima H
Raqeeb H
Sumayah-Noor M
Hasnain M
Aahil N
Ameeq S
Lawrence P
Arwaa Hashmi
Amina A
Eisa A
Zarina A
Aizah A
Maryam A
Momina M
Jannat M
Yahya N

Darin A
Ismaiel A
Nour A
Fatimah A
Khadija B
Yahya H
Keyaan I
Aoun M
Daniel O
Yusuf Q
Raumaan M
Ayaan Y
Osman O
Haidar AS
Eesa H
Adwaith RC
Amuthini S

Well done. Keep up the hard work!

House Points

The following children have received their **silver** award for achieving **100** house points:

Eniola A
Hamnah A
Nusaybah A
Varo H
Khadija K
Haryad M
Azaan M
Haya M
Inayah N
Faisal N

Zahraa P
Bashir R
Evaan R
Nali S
Saeed M
Abdussamad D
Kyra SU
Elias V
Mridini SG

Well done. Keep up the hard work!



"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack in will."

Calderdale College Adult Open Event

Calderdale College are hosting an **Adult Open Event** on **Monday 19 January 4.00-6.30pm**, and parents and carers are very welcome to attend.

If you have ever thought about returning to learning but felt unsure or worried, this event is a **friendly, no-pressure opportunity** to explore your options.

Many adult courses are **free**, and you can study to fit around family life, school hours and work commitments.

This event would be a great opportunity for you to:



- Have relaxed conversations with tutors
- Explore options that suit your confidence and experience
- Get clear advice about funding, childcare, and flexible study
- Find out what support is available every step of the way

There is **no obligation to enrol** - just come and see what's possible.

To find out more and book your place click [here](#)



ALL AGES WELCOME

SEN SESSIONS

fun, calm & quiet climbing

EVERY FIRST
THURSDAY OF THE
Month
at 6pm

£7.50
PER PERSON

shorter safety briefing - 45 mins climbing
dedicated session
adults, children and siblings welcome

Clip 'n Climb Halifax

Clip 'n Climb Halifax are now offering their first dedicated SEN Session.

Following feedback, they now offer a quieter, slower paced, shorter session for climbers with special education needs (and their siblings).

These sessions will be held every first Thursday of the month during term-time. The first session on February 5th at 6pm is now available to book online.

Book online today to secure your space:

<https://booking.halifax.clipnclimb.co.uk/>

Dinner Menu from Monday 19th January

If you require an allergy list please email kitchen@beechhillschool.co.uk

3	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal Option	Chicken Nuggets 5	Homemade Spicy Kebab 12	Cod Stars 2, 5	Roast Chicken Dinner Yorkshire Puddings 5, 10, 12	Pizza 5, 10
	Spinach & Ricotta Tortellini 3, 4, 5, 10, 12	Samosas 5 Savoury Rice	Homemade Cheese & Onion Quiche 5, 10	Quorn Sausage 5	Homemade Sweet Potato & Chickpea Curry Rice
Vegetables	Chips Beans Sweetcorn	g/f Waffle Fries Mixed Veg Broccoli	g/f Wedges Mushy Peas Sweetcorn	Roast Potatoes Peas Carrots	Chips Beans Peas
Served Daily					
Jacket Potatoes with various fillings Salad Bar Selection of Sandwiches Allergies for the daily items available on request					
Dessert	Sweet Waffles 4, 5, 10, 12	Chocolate Sponge 5, 10, 12 Custard 10	Crispy Buns 5, 10	Marble Sponge 5, 10, 12 Custard 10	Assorted Fresh Baking 5, 10, 12
	Ice Cream Swirls 10	Assorted Biscuits 5, 10, 12	Ice Cream Cake 4, 5, 10, 12	Jelly	Ice Cream 10

Weekly Online Safety Update

At The National College, our *WakeUpWednesday* guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

WHAT ARE THE RISKS?

SLEEP DISRUPTION

Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.

ONLINE PEER PRESSURE

Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.

CYBERBULLYING EXPOSURE

Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.

REDUCED PHYSICAL ACTIVITY

Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.

EMOTIONAL DYSREGULATION

Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.

PRIVACY AND SAFETY RISKS

Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

Advice for Parents & Educators

SET CLEAR BOUNDARIES

Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.



ENCOURAGE OPEN DIALOGUE

Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.



MODEL HEALTHY HABITS

Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.



PROMOTE DIGITAL LITERACY

Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practise spotting fake information.



Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.



#WakeUp
Wednesday

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Gold Book Nominations



Mount Pleasant - All of our 2-year-old children for settling in really well.

Pellon Lane - Alaya M for being such a good role model to the new children that have started. She has been amazing at using her manners and is always kind to others. Well done!

Halifax 2 - Haider M for settling back into school so well after the Christmas break and for using his language brilliantly to make requests.

Northern Ireland - Hannah N for persevering during her maths lessons even though she has found it tricky. This does not stop her from giving 100% effort at all times.

Scotland - Luqman M for being a superstar in phonics this week, not giving up and trying so hard to learn all his new sounds.

Wales - Sameem S for always putting in extra time and effort when completing the Family Challenge and his homework!

Denmark - Pavla H for her great maths work this week, using column addition to add 2 digit numbers.

France - Jannah F for being an exceptional role model for her peers and always showcasing our school.

Canada - Zahraa P for her brilliant independent writing in English!

Mexico - Ismaeel K for his much improved behaviour this week and for trying hard in lessons.

Egypt - Anika J for fantastic effort and participation across all subjects. Anika always puts 100% into everything she does.

South Africa - Joseph K for producing some brilliant work in art this week, focusing on form. He looked carefully at the model to break it down into shapes before creating some fantastic penguin sketches!

China - Noor A for being an always child and an all-round superstar!

Japan - Nafisa A for making a conscious effort to improve in all areas. She is focused on her work and this is showing, especially in her enthusiasm in maths. Keep it up. We are really proud of you.

Singapore - Annayah Y for her enthusiasm and hard work in maths.

Singapore - The whole class for showing perseverance and determination during some tricky maths lessons this week.

Australia - Rehan A for a great effort in all lessons but especially impressing with his understanding of algebra in maths. He is also trying really hard to improve his handwriting and presentation.

New Zealand - Amelia A for making brilliant contributions to all lessons.

